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# LAMBDA

PROUDLY SERVING THE LAURENTIAN UNIVERSITY COMMUNITY SINCE 1961

## Companies bid for management of LU Bookstore

BY NEIL ZACHARJEWICZ  
ASSISTANT EDITOR

The fate of the Laurentian University Bookstore remains up in the air as a committee considers the possibility of turning over the management of the service to an outside company.

The chain of events that led up to the current state of affairs surrounding the Laurentian bookstore began last year, with the tragic passing of the facility's manager, Richard Morin. With Morin's passing, the university found itself having to decide what it intended to do to find a new manager. Thus, a committee was struck to consider the issue, and in November of 2004, as part of its investigation into options, a Request For Proposals was sent out seeking companies who might be interested in taking over the management of the bookstore.

"I think that what the university is trying to do is follow due diligence," suggested Tannys Laughren, the student representative appointed to the committee and executive director of the Student General Association (SGA). Laughren explained the committee is looking closely at the decision to either have an outside company manage the bookstore, or simply hiring someone to replace Morin.

"This is a long review, and you want to make sure you are covering everything," suggested Ray Coutu, manager of purchasing, insurance and risk management for Laurentian University. He indicated that the committee is in the process of reviewing proposals for the bookstore, and that he was

not at liberty at this time to reveal the number or names of the companies bidding on the project.

"We are also doing consultation at the same time," Coutu indicated, noting that both students and faculty members will be provided with an opportunity to voice their points of view on the issue.

While Coutu was not willing to identify the companies involved, the actual identity of one of the bidders is far from a secret around the university. The major proposal the company is currently considering is from Folletts. Laughren pointed out that Folletts specializes in campus bookstore management, and it only made sense for the university to look at what the company had to offer. Currently, Folletts operates the campus bookstores at Trent University, the University of New Brunswick, Carleton University, and the University of Ottawa. Folletts also happens to run the bookstore at Cambrian College.

Yet, despite the fact that Folletts specializes in campus bookstore management, research conducted by the Strategic Counsel and published by The Globe and Mail suggests that the level of service provided by Folletts is inferior to the service the school is already providing.

In The Globe and Mail's 'University Report Card 2004,' Laurentian University received a 'B' grade for the quality of its bookstore. This grade was higher than that received by any of the four university bookstores operated by Folletts.

*Continued on Page 4*

## XTreme Band Slam



Debbie Sauve / LAMBDA

If the super-charged, chanting crowd was the judge, it would have seemed that local band, Backroads, was a shoo-in for first place in the XTreme Band Slam that took place on Saturday. However, the actual judges were singing a different tune, sending another talented northern band home with a chance to slide in the back door of the Canadian music industry.

*See page 9 for full details.*

## Writing workshop held on campus

BY ROBIN CROWDER  
ARTS & ENTERTAINMENT EDITOR

Recognized Canadian author Ann Ireland was in town on Jan. 17 to offer Laurentian students a creative writing workshop and to read from her latest novel, "Exile." Her visit was a welcome opportunity for a number of aspiring writers to work face to face with a prize-winning novelist who was more than willing to teach them her craft.

Ireland's first novel, "A Certain Mr. Takahasi," was published in 1985 and won the Seal/Bantam First Novel Award. Her second novel and 1996 publication, "The Instructor," was turned into a screenplay and became the movie The Pianist.

In between these two novels, Ireland published a series of anthologies and short

stories before her most recent book, "Exile," was published in 2002. Not only accomplished as a writer, she also teaches creative writing at Ryerson University.

Though Ireland herself commented that you cannot really teach a person to write, but only guide them through a series of exercises designed to unlock their creativity, she shared these talents with about 30 students and staff who attended her creative writing workshop.

Norman Cheadle, chair of the Modern Languages Department, who initiated the visit, says he was pleasantly surprised with the quality of writing that came out of the workshop, and with the positive energy that flowed through the room.

*Continued on Page 9*



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Lambda Publications is the bi-weekly student newspaper of, by and for the students of Laurentian University. Lambda is funded through a direct student levy by members of the Students' General Association, yet remains autonomous from all university organizations, both student and administrative.

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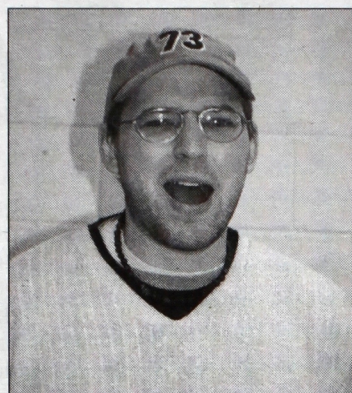
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# EDITOR'S CORNER

## Music matters...period



**Ben Rowe**  
Arts & Entertainment Editor

**SPECIAL COLUMN**

**L**aurentian students have been bombarded recently with all the controversy swirling around the announced "suspension" of the Music program. The shock. The anger. The recriminations. The seeming lack of care by the chair of the Huntington Board of Regents. In all the tumult, one thing seems clear: yet another arts program seems to be on the verge of being shut down.

In the wake of the decision made by Huntington University's Board of Regents to shut down the Music program at their emergency meeting of Dec. 8, many have accused Board of Regents Chair Andrew Vugnovic of being an unfeeling, uncaring man who doesn't even live in Sudbury and thus should not be making any decisions on its future. Now, I don't know Andrew Vugnovic, wouldn't know him if I passed him in the halls of Huntington (somewhere he is only seen rarely, I'm told). But with all the secrets and lies surrounding the issue, I suspect that this suit has no real idea of the importance of the Music program to this community.

Like many, I am a music lover, and the idea of learning how to read music and play an instrument has been in the back of my head for a few years. Having the music department there seemed ideally suited to that desire. Plus, the existence of the Music program has been a primary cause, I believe, for the city of Sudbury having such a vibrant and diverse music scene.

Look around this town if you don't believe me. There are at least ten bars that have live acts at least twice a week; some, like the venerable TowneHouse, have music every single night of the week, the vast majority of it local. Concerts are held frequently by music students and faculty from Huntington, helping develop the community's love and appreciation for quality music. You can't have that without some local talent. The existence of the Sudbury Orchestra is further proof that

musically, this town is alive. In fact, many members of the SO are graduates of Huntington's program. Look it up.

The professors in the program are wonderfully skilled musicians as well. Allan Walsh taught countless students to like - if not love - jazz music, including me.

The Music program offers (offered?) a chance for local teens to grow up with the idea of becoming a performing artist of some kind, to follow their dreams towards making a living doing art. That alone makes it worth saving. But here the problems begin.

If the program offers such a wonderful opportunity for local and regional students to learn music, how come so damn few of them do? A check of the most recent attendance figures show that there are only 13 - that's thirteen - fourth-year full time music students in the program. That doesn't exactly indicate an outpouring of artistic youth eager to exercise their opportunities for musical training.

The numbers are a little misleading. There are a significant number of part-time students in the program, and students from other programs often take one or two music classes as an elective. Some also use music as a minor degree while focussing on another major, like education. And then there are those that have just not had time to indicate music as their concentration on WebAdvisor yet.

In regards to fundraising, Allan Walsh indicated in an interview in the Jan. 13 edition of Lambda that he's seen no evidence of efforts to help the program grow, saying "In the 15 years that I have been teaching at Huntington, I have seen no real fundraising or recruitment efforts for the growth of the music program."

An effort by Huntington bigwigs to find financial support has been largely ridiculed by critics and mired in controversy. Vugnovic has said repeatedly that the 2000 attempt, which involved hiring a consultation service, lost money. Yet, both at the time and since, critics charge that no public concerts were held, no advertising campaign was evident, and there were generally few signs of conventional fundraising methods. It seems almost inconceivable that a fundraising campaign actually lost money.

In the same article the Walsh interview was in, Vugnovic said that the program was essentially "stealing" money from other programs to keep it afloat, including Communications Studies and Gerontology, another "fact" that has been contested hotly by a group lobbying to

save the music program, Laurentian Music Matters.

The group, comprised of "faculty, students, arts organizations and interested parties" according to their Web site, charges that the methods used to calculate the "supposed debt" are flawed. In fact, a faculty of music professor and former Chair of the music department, Robert Hall, stated in a letter to the editor to the Sudbury Star that Huntington University actually has had a surplus of close to \$500,000 in the last three years. So someone is manipulating facts to suit their agenda here. But who?

Here's where the bias kicks in. As a Communications student, I've seen firsthand the evidence that Huntington is half-assing it in my program. The program coordinator is not full-time, there are few courses specifically for the program, and students are often lumped into useless (for us) religious and philosophy courses. The state of the program is so bad that I could not recommend it to anyone who takes their education seriously. So, some merit has to be given to the idea that funding that should be going to other programs is being re-routed to music.

But the crass and classless actions of the Board of Regents reeks suspiciously like something else is going on here, something the general public doesn't know about. Vugnovic denied repeatedly - in print - that the program was in trouble in the months leading up to the decision to shut it down, saying it was

standard practice to review all of Huntington's programs periodically. The music department was also allowed to hire two new members to its staff, Dr. Yoko Hirota and Dr. Robert Lemay, who recently won a prestigious international award.

Further, according to the Vugnovic interview in the Jan.13 Lambda, the vote by the board to shut down the program was a result of two years of discussion and deliberations about the future of the Music program, meaning that the idea of shutting the program down was hardly a new one. So why deny that the program was on the verge of being terminated?

Using a little legalese, the public relations department and Vugnovic have covered their own hides by saying that they will "attempt" to ensure that students currently enrolled in the program will be able to complete their degrees.

Bull. Huntington should be obliged and obligated to guarantee their current students that their tuition money will not be wasted and they will be able to finish their studies here. To do anything less would be to betray the entire student body, not just the music students getting the short end of the stick.

Clearly, there's more to this story than is readily apparent. By looking at what we do know, it seems like the Board of Regents took what seemed like the quickest and easiest route to improving the profit margin by cutting the Music program, and now the arts community in Sudbury is left to pay the price.

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# OPINION

## Is Sudbury really the student-friendly capital of the North?

BY LYNN DESPATIE  
LAMBDA CONTRIBUTOR

With three post-secondary institutions in the City of Greater Sudbury and an overall expensive cost of living, the need for student-friendly businesses is becoming more and more important to the survival of local youth.

A few resources, such as the Student Price Card, or SPC, are available to aid students with their common purchases. After an initial payment of seven or eight dollars, the discount card may be used as often as possible at participating locations. The SPC may appear to be an excellent tool for frequent shoppers, considering that there are over seventy businesses that provide discounts with its presentation, but finding these locations in Sudbury may prove to be a challenge. Barely 45 per cent of participating companies are actually found in our area.

Businesses may include clothing stores such as Garage clothing and Warehouse One, to restaurants like East Side Mario's and Subway. The Laurentian University bookstore does accept the Student Price Card and gives a discount on all regular priced clothing and giftware. Unfortunately, the discount does not apply to textbooks.

In addition to different types of businesses involved in the attempt to ease students' financial woes, various types of discounts exist. While many are useful, such

as 10 per cent off at both East Side Mario locations in Sudbury, some may encourage extra spending in order to receive a small percentile deduction. For instance, someone might have to spend at much as one hundred dollars in order to receive a ten dollar discount.

Businesses in Sudbury are becoming more and more aware of the omnipresent student population and the city's need for student-friendly prices. Chad Perry, operator of the Swiss Chalet on Regent Street mentions that although student prices are not presently in effect at their location, it is an idea that should be considered in the near future. According to Perry, students represent approximately 10 per cent of their clientele.

An absence of essential student-friendly companies is evident in Greater Sudbury, for example grocery stores. They sell necessary products, which students must inevitably buy. Student discounts at Food Basic and Independent Grocer locations would be an excellent addition to the Student Price Card.

In addition to the SPC, off-campus meal plans are available to students living in residences and attending certain Ontario Universities. Post-secondary institutions in areas like Ottawa, Waterloo, Guelph, and Windsor offer special meal plans that are added to their student identification cards, which can later be used exclusively for food.

When the card is used at



Debbie Sauve / LAMBDA

Although the Student Price Card (as shown above) can be used at various locations throughout the City of Greater Sudbury, this is not enough to reflect at student-friendly attitude on behalf of the community at large.

restaurants on-campus, students can receive a discount of up to 25 per cent, as well as a full tax exemption. Furthermore, the meal plan may be used off-campus at participating businesses. While the discount and tax exemption are not in effect when the student ID card is used off-campus, the plan offers the convenience of having only one card for both discounts and payments for food, whether on or off campus.

Laurentian does not currently provide this meal plan, but local businesses like the Swiss Chalet on Regent street are definitely

interested.

With Sudbury being "the education capital of the North", it would be advantageous to see an augmentation in the participation of local businesses in the SPC program as well as a similar meal plan at Laurentian University and our other post-secondary institutions.

## Day of Action

Beginning at 1 pm on Feb. 3 will be the Day of Action for the increased quality and accessibility of post-secondary education. You see, tuition rates have been rising more recently than ever, and if we don't do anything about it we students will only face bigger and bigger debts. So Thursday Feb. 3 will be our chance to organize and demonstrate our dissatisfaction towards paying expensive tuition.

At 1 pm everyone interested should meet up in room L-239, and then at 2 pm busses will be waiting at the Parker Building to drive activist's downtown. Upon arriving downtown at the Bell Park parking lot, the march will begin until the activists reach Knights of Columbus Hall where there will be a free social with dinner, speakers and bands. The evening will wrap up with movies and good times.

This is going to be a really big day across the province, because not just Laurentian University will be involved but so will several other universities represented by the Canadian Federation of Students (CFS). This will be a chance for us to make a difference. So don't let this opportunity slip by you. Hope to see you there!

Kevin Roche  
Political Science Student

## No Means No

SUBMITTED BY WOMEN'S CENTRE  
For Lambda

One of the more distressing things about campus life is that campaigns such as "No Means No" are needed. There still is the necessity to recommend that women have the right to choose where, when, how and with whom they engage in a relationship, any relationship.

The Women's Centre is re-launching the "No Means No" campaign as a one response to concerns of student's safety on this campus.

"No Means No" is a reminder to all that unwanted advances of any sort are unacceptable. Unfortunately, many still believe that a woman who is 'available' is 'avail-

able' to anyone who expresses an interest. We like to think that we are past this kind of thinking but statistics indicate otherwise. For women, in over 85% of assaults, the woman knew her attacker, and may have even been in an intimate relationship with him.

Arguably men are also targets, and this is true but the vast majority are women who face abuse. So, listen up folks "No Means No".

Check out the fact sheets from "No Means No" website. There are fact sheets in five different languages. <http://www.cfs-fcee.ca/nomeansno/factsheets.html>

The Women's Centre is located at L-221 in the R.D. Parker Building.

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# CAMPUS NEWS

## Committee continues to examine proposals for bookstore management



Debbie Sauve / LAMBDA

Shown above is the Laurentian University Bookstore. Currently a committee, is in the process of deciding whether or not the management of the business should be out-sourced to a company.

*Continued from Page 1*

The bookstores for Trent and the University of New Brunswick were rated at a 'B-' overall, while the bookstores at Carleton and the University of Ottawa both received a 'C' grade.

"Any store that is owned by Folletts or Chapters is way down on the scorecard," noted Jerry Gareau, who currently serves as the acting bookstore manager at Laurentian. He indicated while he is not privy to the exact details of what the committee is considering at this time, and that his responsibility is to oversee the operations of the bookstore until a decision is made, "we are a community here, and to me, everything should stay at the university."

"We support the student associations and the departments," Gareau explained. "Our goal has always been the students."

Gareau indicated he had supplied Laurentian's Teaching and Learning Committee with a list of reasons as to why universities should maintain their bookstores within the institution as self-operating entities. (See sidebar)

"We focus on education," Gareau stated, noting that Laurentian's bookstore helps service both Cambrian and College Boreal, and also takes

orders from Canadore College in North Bay. Furthermore, he noted Lo Ellen Park Secondary School services its ThinkPads at the bookstore.

"There is always room to improve," he said, but noted the bookstore is already in the process of setting up a survey to determine the level of student satisfaction with the service, as

***"We support the student associations and the departments ... Our goal has always been the students."***

**- Jerry Gareau, Acting Bookstore Manager**

well as identify areas in which the store might improve.

Another important aspect of the bookstore, Gareau suggested, is that it hires students, and currently there are a number of students working in the micro-computer center.

"We are trying to hire students more and more with government grants," he pointed out,

noting that this allows the store to operate with more staff while still helping to keep the costs down.

Still, the existing staff has little to fear about the possibility of Folletts taking over management of the service.

"Part of the parameters for the proposals were that the existing staff would be kept," Laughren pointed out. In fact, the Request for Proposals stipulated there be no interruption whatsoever in the delivery of the service.

"The intention is that there will not be an interruption. The staff is staying," Laughren stated.

Currently, there is no timetable for the committee to make a decision on the fate of the bookstore, but Coutu noted the hope is that the decision will be made in the next four to six weeks.

"It is always difficult with schedules, but we are certainly hoping (to make the decision) in the next month or so," he said.

Laughren said it is still too early to tell which way the university will go on this decision.

"We haven't even talked about where our preferences might be, where we are leaning or anything," she said, noting the members of the committee still have to go through the proposal step-by-step.

## Top 10 Reasons why universities should keep bookstores as institutional / self-operating

1. An institutional bookstore exists as more than just a profit-making arm for the institution. It is a unique part of the institution. Its mission is to serve every student, faculty member and staff member. A campus store is an academic, cultural and public relations resource as well as a financial one.

2. Given that a lease operation's only interest are the profits they can make, it follows that service must be secondary. University-owned bookstores can provide both profits, service and can control the balance of the two.

3. A university-owned bookstore can provide many services to the institution. For example: university crested clothing, alumni gifts, rings, book buy backs, computers and many other items. Will a lease operation provide these same services? Will they provide the same genuine concern for the students, faculty and staff of your institution?

4. A university bookstore supports various student organizations, publications, campus and athletic events. Will a lease operator do the same? Do they care about students?

5. The chain store mentality of the lease operators is simply not compatible with a serious academic environment. Chain stores systematically eliminate individuality and reduce operations to the lowest common denominator consistent with their planned profits. The interest of the contract management company will come before that of your institution... students, faculty and staff.

6. To be an exceptional campus you need to have an exceptional bookstore. Chain stores do not produce exceptional bookstores; they produce uniform ones! To have a bookstore that maintains the diversity and individuality of a campus, one must retain control.

7. Control is key to a successful bookstore. By keeping the bookstore as an institutional, self-operating concern, the institution controls pricing, hours, service and institutional image. The institution controls who is hired and how they are trained and managed. Prices and profits can be managed at the university's discretion. If it is our goal to increase the profits of our store, a viable option to leasing is for us to raise the prices ourselves, because if you lease, the contract management companies will increase the prices to the students.

8. When a lease operation takes over, product selection decreases. By maintaining control you can provide a great "mix" of products which meets your students' needs and can respond quickly to changing trends.

9. Shopping comparisons consistently show leased stores charging more than institutional stores for identical products. Additionally, when switching to a lease operation, sales actually decrease initially and overall sales per student are lower than when the school maintained control of the bookstore. Can the institution afford to give that up? Is the institution prepared to address the issue of increased prices with students and their parents?

10. Institutional store identity and staff loyalty is crucial to success. Is the institution prepared to have a revolving door of managers and store staff with no real concern for the well-being of the institution? Remember... loyalty cannot be contracted.

*As presented by Gerald E. Gareau, acting bookstore manager at Laurentian University, to the Teaching and Learning Committee.*



# CAMPUS NEWS

## Senate protests suspension of Music program

*Motion passed at Jan. 18 Senate Meeting that will delay suspension of music program for one year*

BY DEBBIE SAUVE  
EDITOR-IN-CHIEF

Students, faculty and the community alike were shocked and shaken to find out on Dec. 8 that Huntington University made the decision to "suspend" the Music program. It has been reported since then in Senate minutes that it was the intention of the board to phase out music at Laurentian.

However, six weeks since this announcement was made, the Laurentian Music Matters coalition made some headway in their goal to preserve the program.

At the Jan. 18 Laurentian University Senate Meeting, a motion was brought forth in regards to Huntington's failure to engage in open, meaningful, and appropriate consultation before announcing to the public the suspension of the Music program.

It is the position of the coalition that despite the clarity of Huntington's intentions, it is not within their power to close the program because it is Laurentian University that actually enrolls the students and grants the degrees. Therefore, it has been proposed that Laurentian should likewise hold the power to decide whether or not Huntington will admit students. Laurentian Music Matters stated in their presentation to Senate that Huntington has instead said they will "not offer courses to new admissions in the Music program."

"There is no doubt that Huntington has the right to offer programs or to not offer programs," said Dr. Peter Simpson on behalf of the Music program at the meeting. "This [motion] calls into question the way that right was exercised by Huntington."

"If Huntington showed a detailed study, they would not have been neglecting openness."

Music supporters have continuously said that they were not only alarmed and upset about the news, but they were also upset about the way in which the decision was made behind closed doors, as well as the

way the news was delivered.

"The Board of Regents dropped a bombshell without any prior consultation," Simpson said. "Long-range planning was clearly not going on here."

Considering this, Simpson went on to bring the following motion forward:

*"The Senate strongly protest the failure of the Administration and Board of Regents of Huntington University to engage in open, meaningful and appropriate consultation before announcing to the public the suspension/closure of the Music programme and further that..."*

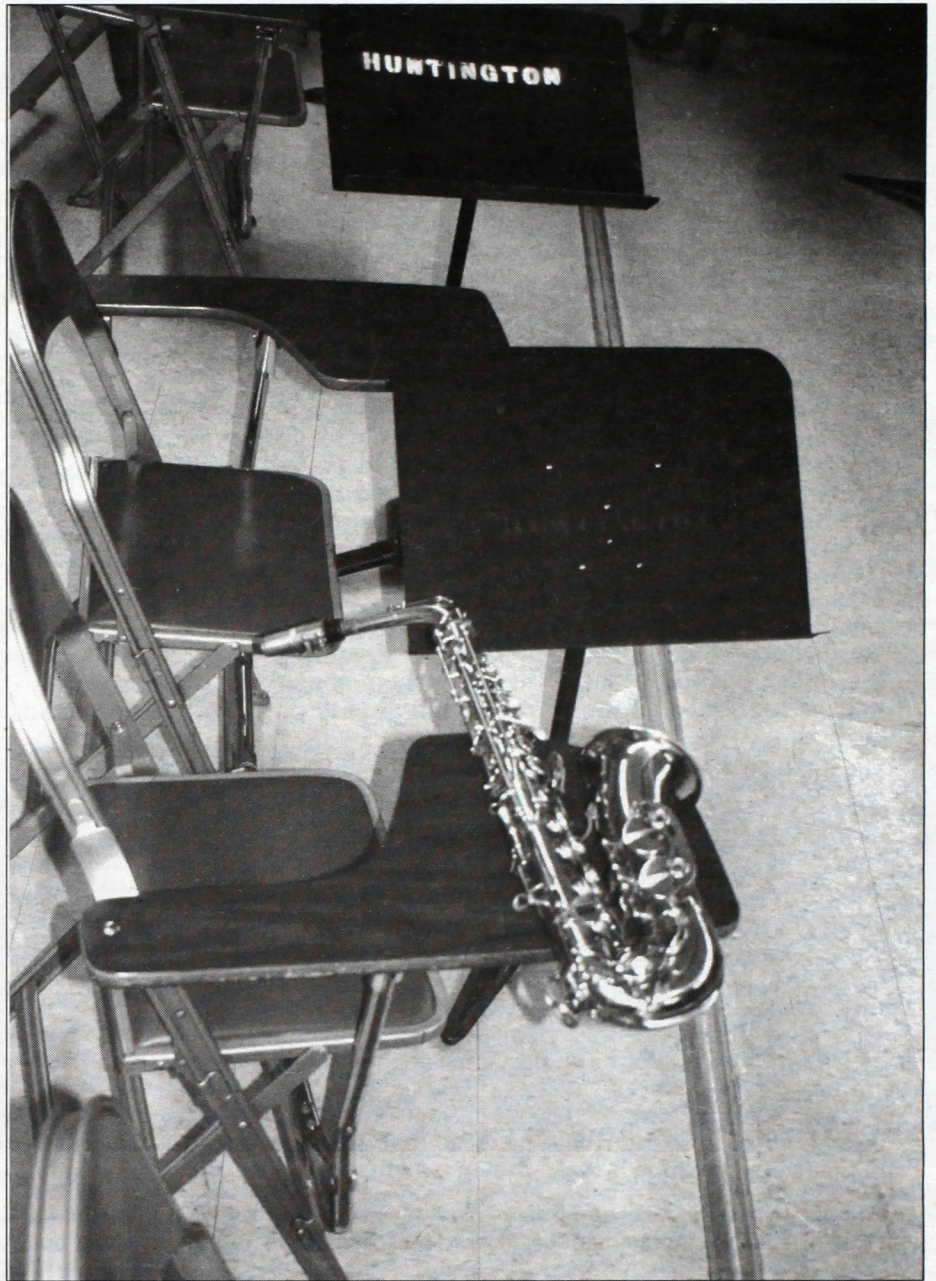
*Senate strongly urges that the Administration and Board of Regents of Huntington University delay the suspension of the music programme for one academic year in order that Laurentian and the three federated universities (through Senate and the Humanities Faculty Council) have time to study the feasibility of maintaining the programme."*

The above motion was passed with a strong majority by Laurentian University Senate, and marks the first step towards the preservation of music at Laurentian.

Since the suspension announcement, it has been the priority of many groups within the community to ensure the continuation of the program on a number of fronts.

Besides the obvious implications the suspension will have on academic programs, the Music program has also provided a cultural context within the Laurentian community. All Laurentian students are able to take music electives, including both classical and jazz musical ensembles in which they can participate for credit. Music is also experienced in performances within Laurentian formal events such as convocations, open houses, and celebratory milestones in the university's history.

"I firmly believe that it is a mistake to cut the music program from



Debbie Sauve / LAMBDA

Laurentian," stated Luke Norton, student-appointed Senator to speak on behalf of Huntington students, at the Dec. 14 Senate meeting. "I say Laurentian instead of Huntington, because it is Laurentian that will suffer the adverse effects of its absence."

"It is Laurentian that will lose connection to the community that the Huntington Choir, and the performances of Huntington students, has so wonderfully provided these many years."

Further to this, judging by the recently sold-out concert benefit concert held at Laurentian, music matters to the greater community as well.

The concert was held on Jan. 23 where 10 accomplished performers

celebrated the 10th anniversary of M.A. Humanities programs with the community. All proceeds from the concert will be used to promote the continuation of the music program at Laurentian.

In the meantime, the recently passed motion reflects a small sliver of hope that the Laurentian University Senate will try to do the same.

As Norton indicated in his Dec. 14 statement, "The Board of Regents has struck a terrible blow to our culture."

Music Chair Charlotte Leonard continues to be unavailable for comment. As an active member of the Board of Regents, she states confidentiality rules bind her.

## Family background factor in access to education

*"A lack of attention to the diverse needs of students has created insurmountable barriers to post-secondary education for many Canadians."*

- George Soule, National Chairperson of the Canadian Federation of Students

OTTAWA - Family background goes a long way to determining access to post-secondary education, according to a study released today by Statistics Canada. Students from rural and First Nations backgrounds in particular have low participation rates versus their peers.

"A lack of attention to the diverse needs of students has created insurmountable barriers to post-secondary education for many Canadians," said George Soule, National Chairperson of the Canadian Federation of Students. "This study underscores the need to

make access to university and college a national priority."

The study, entitled Who Goes? The Direct and Indirect Effects of Family Background on Access to Post-secondary Education, underlines a series of family characteristics that are predictors of post-secondary education participation.

"Until there is a serious commitment by the federal government and the provinces to reduce tuition fees and student debt, post-secondary education will remain out of reach for many Canadians," said Soule.

The Canadian Federation of Students is calling on provincial

governments to work together with the federal government to improve access to post-secondary education by increasing funding, reducing user fees, and implementing a national system of needs-based grants.

The Canadian Federation of Students is composed of more than 75 university and college students' unions, uniting one half million students from St. John's to Victoria. Students in Canada have been represented by the Canadian Federation of Students and its predecessor organisations since 1927.



# CAMPUS NEWS

## I dream of memory

(CUP) — Getting the most out of your dreams may no longer require a visit with your local soothsayer. According to University of Alberta psychologist Don Kuiken, some of your dreams may, in and of themselves, provide the perfect opportunity for personal reflection and self-understanding.

In a recent study, Kuiken, along with several of his colleagues, reviewed the dream journals of nearly 500 individuals who recorded their dreams over the course of a week. The psychologists found evidence that supports the common day residue theory, in which emotional events of the day work their way into dreams that night. But they also found evidence of something else.

"Our research presented a rather strikingly different observation," said Kuiken.

"Not only is there... the so-called day residue effect, but we also found that six or seven days after that particular event, there were dreams which reflected it significantly. In other words, there is the day residue effect, which is the immediate incorporation of the event into their dream, and then there is what we call the dream lag effect, which is the

incorporation of the event" several nights later.

However, the dream lag effect, Kuiken discovered, is not evident in every individual. Kuiken found that the effect occurred more often in women than in men, but due to an uneven number of men and women participating in the study, further research would have to be completed before confirming this theory.

Kuiken also found that the dream lag effect was more pronounced in people who described their dreams as an opportunity for self-understanding.

"It's one indication that this dream lag effect is occurring in the minds of dreamers whose dreams seem to have for them some kind of constructive effect," said Kuiken.

According to him, a growing number of dream psychologists are beginning to suggest that certain dreams provide an opportunity for the reformation of an individual's memories. These dreams, which often include strong emotions of grief, loss or anxiety, are known as constructive dreams, as they seem to have an impact on the waking life of an individual. Kuiken believes that evidence of the dream lag effect supports the

theory of constructive dreams.

"There is one reason for suggesting that this dream lag effect had something to do with the manner in which dreams seem to reformulate our memories," he said.

"The dreams on the sixth and seventh days, after a particular event — typically about relationships — were already somehow involved in the reformulation of their memories about the particular event."

Generally, he explained, the mood of the dreams changed from negative to positive as the week progressed.

While Kuiken is excited about recent findings regarding the dream lag effect and what it might reveal about constructive dreams, he cannot predict what beneficial procedures may result from further research. As of right now, Kuiken says that we can only sit back and watch as findings unfold.

"I think we know very little about those possibilities yet. I think that may turn out to be the primary motivation for examining more closely dreams that have this constructive effect and allow reformulation."

## LU to host Day of Action

BY SHAILAGH KEANEY  
VP OF STUDENT ISSUES (SGA)

Most students would be familiar with the words "Rae Review". Former premier Bob Rae is heading up a review panel that has spent the last year examining the postsecondary education system in Ontario. He is due to release his findings in February.

Unfortunately, with his track record, we are not expecting much in our favour.

Rae, during his reign as premier, eliminated Ontario's needs-based grant system, ripped healthcare away from our international students, opened the floodgates to tuition fee increases, and is still the only person in Ontario's history to increase tuition fees twice during a single school year.

Throughout the Rae Review's "consultation process" (which attendees felt was more like lip service than an actual dialogue), students were out telling Rae that what we want are a sincere look at student needs across the board, such as reduced tuition fees, securing adequate and reliable funding for post secondary institutions, and the re-introduction of needs based grants in Ontario, just to name a few. But in order for these to happen, we have to take action.

The Students' General Association, the Canadian Federation of Students and individual students have lobbied on your behalf to Members of Parliament, Members of Provincial Parliament and members of the Rae Review panel. We have written letters, signed petitions and researched the facts. And with the release date of Rae's findings coming soon, we are stepping up the effort.

We are holding a province-wide Day of Action for increased accessibility and quality of education Thurs Feb 3, with one action to be held in Toronto, and one in Sudbury. We are attracting students, labour unions, family and friends from all over Northern Ontario to rally in support of student issues. Meet us for lunch at 1pm in room L-239 on the 3rd. We will be departing from the Parker Building at 2pm, and will top off the night with food, speakers and bands.

It is up to students now to fight for tuition fee reductions, and fight the hikes before they start. I'll see you on the streets.

## Conservative MP visits Laurentian

The Laurentian University Conservative Club and Laurentian University Political Science Association (LUPSA) hosted a question and answer period with Mr. Rob Anders, Conservative Member of Parliament for Calgary. The event was held on Tuesday, January 18, in the University's the Brenda Wallace Reading Room, located in the J.N. Desmarais Library.

This session offered students an excellent opportunity to question the government's position in both domestic and foreign policies, and to become familiar with the objectives of the Official opposition. Anders presented his personal platform as well as the Conservative Party's values and their influence in the decision-making process.

Rob Anders was first elected to the House of Commons in 1997. He was re-elect-

ed in 2000 and 2004. Prior to entering Parliament, Anders directed a labour market project for the National Citizens Coalition, and acted as a spokesperson for the Calgary Chamber of Commerce. Mr. Anders also works as a professional trainer for both Conservatives in Canada and Republicans in the United States.

Anders received his political science degree from the University of Calgary. While on campus, Anders was active in student politics and the debate society. Anders has been a frequent contributor to Canadian and American public affairs programming.

As a parliamentarian, Mr. Anders focuses public attention on many important causes, including Tibetan freedom, the repression of Falun Gong practitioners, and China's military intimidation of Taiwan.

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### TUITION FACTS

- Statistics Canada reported that average undergraduate university tuition fees in Ontario have nearly tripled since 1990 (a 195 percent increase). Students now pay close to \$5000 for general Arts and Science programs
- University enrolment in Canada declined between 1993-94 and 1998-99. This period corresponds to a decade of tuition fee hikes unsurpassed since 1857.
- In 1990 it would have taken a middle class family approximately 102 hours of work to pay for an average year of university tuition. By 2002 the figure nearly doubled to 197 hours.



# CAMPUS NEWS

## CFS skittish about media eye

*Motion to invite campus media to annual meetings weakened*

(CUP) — Calls by delegates of the British Columbia wing of Canada's largest student group to invite the student press to its annual meetings were rebuffed at a conference in Nanaimo.

A majority of student union delegates at the Canadian Federation of Students conference were skittish about the prospect of doing student advocacy work in the public eye, said delegate Ben West.

"There was a lot of trepidation about the (idea)," said West, who is chair of the Capilano College stu-

dent union in North Vancouver. "It was bizarre.

"If people in the legislature were saying we couldn't see what went on in the Canadian government, then we'd all be up in arms about it."

The CFS is the largest association of student unions in Canada, encompassing about 70 elected student unions and representing about 450,000 students to the federal and provincial governments.

It has an annual budget of about \$3.5 million, with \$2 million coming from

those students through student fees.

"It would be a good thing if we were more accountable to the students we represent," said West, "if for no other reason than because it's student money that's being spent — like tax dollars — and in no small amount."

West moved at the meeting that the student press be invited to all CFS general meetings. The motion was amended to invite media outlets such as the Capilano Courier and Simon Fraser University's

the Peak only to meetings that CFS executives deemed appropriate.

That wasn't much of a change, said West, and it's a shame — it would generate some interest in the programs that they promote, such as lowering tuition fees and Rock the Vote.

It would also give more meaning to executive elections, which without scrutiny often result in the same unofficial slate year after year, he said.

"There's good work done at the student society, but democracy falls short in a way we have to address," West said.

But Linda McLeod, the provincial chair of the CFS, would not discuss the Nanaimo meeting.

"These are internal pro-

ceedings," she said. "Our meetings are meetings of membership."

National CFS spokesperson Ian Boyko said there were no national standards on open meetings. He defended the B.C. decision, saying that it's important to make "delegates feel as comfortable as possible in a working meeting."

"Delegates are coming together, and we need to create an environment where people can spit-ball without things coming back to bite them."

"We need to strike a balance to make sure there's a mechanism to be accountable to the folks back home — and that's an ongoing effort."

## Music Correction

Lambda reported in our January 13, 2005 edition on Page 1, that there are currently 13 full-time students in Huntington College's Music program. This figure was provided to us through an interview with Chair of the Huntington Board of Regents, Andrew Vugnovic.

Since then, Lambda has been informed by Music Chair Charlotte Leonard that this figure only reflects the number of fourth-year students. According to Leonard there are a total of 40 students in third and fourth year music, as well as Bachelor of Fine Arts (who have put music as their concentration).

Nonetheless, Lambda would like to sincerely apologize for this error.



Kevin Roche / LAMBDA

Members of the Conservative Party of Canada, shown above at the Laurentian University Model Parliament, are seen here spitting the Liberal Federal Budget proposed by the Minister of Finance, the Hon. Kevin Mason. The Conservative Party viewed the proposed budget as a joke and its members were hoping to find some real economic success by reading the Financial Post.

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# ARTS & ENTERTAINMENT

Arts & Entertainment Editors: Ben Rowe and Robin Crowder - [lambda\\_arts@laurentian.ca](mailto:lambda_arts@laurentian.ca)

## Indie band "rides" into Sudbury to rock TowneHouse

BY BEN ROWE

ARTS AND ENTERTAINMENT EDITOR

In writing music reviews, it's common practice to compare the band being reviewed to more well-known bands to help the reader get a sense of how the band sounds.

In the case of Toronto-area based Leviride, however, the task was nearly impossible.

How can a band sound like everyone else, and yet completely unlike them at the same time?

Named after a high-school term for dry-humping a girlfriend through their denims, Leviride brought their melodic rock to the TowneHouse Tavern on Saturday, Jan. 22 in support of their first full-length album, *Nothing's Getting Better*, which was released in 2004. The band grabbed everyone's attention with their pounding, driving indie rock that was infused with melodic riffs and flavored lightly by punk.

While listening to their 40-45 minute set, I was trying to think of bands to compare them to. The lead singer, Paul Lahey, looks vaguely like a cross between Danny Michel and Billy Talent. Musically, the comparisons ranged all the way from Tool to The Tragically Hip to even Rush and the Beatles. Ultimately, however, the music was all their own, a unique sound that is hard to pigeonhole into a specific genre or sound.

That's what good, strong melodic music will do, I suppose.

The band was well-practiced and incredibly smooth in their delivery, from Andrew McMullen's steady drumming to Calvin Lee's soaring guitar. There was either some speed metal or grunge in Lee's past, I'm sure. Bassist Robert (Bob) McKittrick needed one side of the stage for himself to accommodate his animated, driving strokes on his instrument.

Sitting with the band before the show, I asked the members if their sound was a deliberate intent to not sound like anybody else.

"I guess it was a gradual maturation process in terms of finding our style, finding the right chemistry," Lahey told me while his bandmates sprawled around on a couple of couches in the performer's lounge.

"It's just because we all listened to so many different bands and styles," McMullen added, citing the Smiths, Fugazi, the Beatles and metal bands as inspirational material for Leviride.

Lahey said that when Leviride first started out, their sound more closely resembled the Smiths, and Lahey's voice often drew comparisons to Morrissey. The band's sound

has been changing, however, becoming heavier and more rock-oriented, resulting in heavily melodic rock/punk anthems like *Juxtaposition* and *Big Black Limousine*, which they played this night.

Lahey and his bandmates write short, concise songs, a practice that came from the pop genre.

"It's like a fleeting thought," Lahey explained, saying that he and the band like to write songs that "leave people wanting more."

"It (songwriting) is like capturing a moment in time," Lahey said.

The band's latest effort follows their 2001 self-titled EP, and the studio experience this time around was far more gratifying, McMullen explained, referring to the production provided by Flashing Lights drummer Stephen Pitkin.

"It was really nice to have him around to help us out," he said. "Not so much in terms of him telling us what to do, but knowing how the studio works and how our sound is."

The distinct Leviride sound is something that has evolved over time, McKittrick added. With founding members Lahey and McMullen the only leftovers from the original lineup, it took a while for the band to feel comfortable with each other and making music together. McKittrick was along for this ride at the start, Lahey explained, but left after a few months because "he said we sucked," he laughed.

The latest and greatest lineup has finally found something special in terms of chemistry, Lahey said, and the band members agreed that Leviride is the first band where they've all become friends, something that has only helped the process, according to McMullen.

"We like what we're doing now, what we're working with now, and our challenge is to find someone to hear what we're doing and help us expand our sound," he said.

What they want now is to expand their audience and gain a following in the U.S., Lahey said. With that idea in mind, the band has made their way across the northern and midwestern states, including stops in Cleveland, Chicago and St. Louis, among others. The band also toured the East coast in 2004 to promote the album.

While this is Leviride's first visit to Sudbury, the university may be familiar with the band, as their single "Juxtaposition" became a hit on campus radio station CKLU late last summer.

The band has tentative plans for an album later in the year and a possible European tour in 2006.

Give this band a listen, and they'll take you along for the ride.



Kris Harris / LAMBDA

Leviride members are (from left) lead guitarist Calvin Lee, drummer Andrew McMullen, singer/guitarist Paul Lahey and bassist Bob McKittrick. The band entertained audience members during their show at the TowneHouse on Jan. 22.



Kris Harris / LAMBDA

Lee and Lahey rock out during "Big Black Limousine." The group has charted on CKLU with the song.

## Prize-winning novelist holds creative writing workshop

Continued from Page 1

"I'd like to see creative writing more encouraged," he added.

Laurentian student Meredith Eles agreed, "The workshop was great and it would be nice to have the chance to take similar courses at Laurentian. A well-rounded university degree should not be limited to analytical writing, but should also encourage us to develop creative writing and thinking skills."

It is on this premise that Cheadle hopes Ireland's visit will help his campaign to develop a "Writer-In-Residence" program. A project like this would mean employing a full time author to be available to consult with students and offer advice to aspiring writers; it requires approval and fund-

ing, but with the strong reception of Ireland's workshop, it seems more than possible.

"A n n herself even expressed an interest in coming on board for the program," Cheadle added, as she has already worked for a similar program in Toronto. "She is a very interesting and dedicated writer, and

*"She is a very interesting and dedicated writer, and was very much into listening to what the students had to say about their own writing."*

-Norman Cheadle

was very much into listening to what the students had to say about their own writing."

Ireland also gave a reading from her own writing, though the nasty weather kept the number of attendees to only about 15 people.

"Exile" is the story of a Latin American writer's experiences when he comes to Canada, and the passage Ireland chose to read was ripe with conflict over a cultural clash. It was here that the small audience made the reading that much more intimate. "She was

really able to bring Carlos, the main character, to life," Eles said.

Ireland also read from another type of writing called a chapbook - essentially a series of email communications between herself and well known Bosnian poet Goran Simic. Also in the theme of different cultures, "An Open Door" details a time when Ireland was living in Victoria and Simic in Toronto where the two discussed topics such as home, exile and what it means to be a writer. A concept the two authors developed themselves, it was a different way of looking at creative writing and made for an interesting reading.

Ann Ireland's novels are also available for purchase at the Laurentian University Bookstore.



# ARTS & ENTERTAINMENT

Arts & Entertainment Editors: Ben Rowe and Robin Crowder - [lambda\\_arts@laurentian.ca](mailto:lambda_arts@laurentian.ca)

## XTreme bands battle for pass into Canadian music industry

BY ROBIN CROWDER  
ARTS & ENTERTAINMENT EDITOR

This past weekend the city of Sudbury played host to the 5th Annual Xtreme Band Slam for northern Ontario. Taking place at 100 Georges, 14 bands from the across the region played for the chance to win a free pass into the world of the Canadian music industry.

No small time showcase, Xtreme Band Slam is a national competition that takes place in 12 cities across the country. Each regional winner earns the chance to strut their stuff at the Canadian Music Week Festival in Toronto: to play at a venue for all the big record labels to hear, and to meet and greet with the industry's movers and shakers.

From there, the winner of the national play down finals takes home about \$50 000 worth of prizes including a national radio and promotional package, three months with an agency and booking agent, and 30 hours of free recording time at Metalworks Studios. "Not bad for something that started out as sort of a fluke," says event creator and organizer Joanne Bowers.

The initiative was born in October 2000 along Hwy 69 as Bowers was returning to Sudbury after meeting with a singer in Toronto who worked for Canadian Music Week. The two had been discussing how difficult it is for young indie bands to break into the Canadian scene, and it didn't take much for an idea to germinate. What bands really needed was a way to get in the back door of the industry Bowers thought, and came up with the inspiration to hold a battle of the bands where the prize would be a chance to showcase during the Canadian Music Week Festival.

Within a month, the proposal was submitted, the project was launched and in February 2001 the first annual Xtreme Band Slam was held in the Great Hall at Laurentian University. The winner of that first year was North Bay's Arcand Band, who went on to play in Toronto and are now better known as High Holy Days.

In 2002, the competition went national and has been growing in popularity ever since. There are many radio stations involved all over the country and Canadian Music Week welcomes its' participation every year.

"Well why not," says Bowers. "The big record labels get to come to the finals and scout 12 of the hottest bands in the country at one venue. It



Debbie Sauve / LAMBDA

Local band, Defined (shown above), took home first-place in the XTreme Band Slam competition over the weekend.



Robin Crowder / LAMBDA

Another note-worthy band that played at the show, was Hirata Muse.

makes it pretty easy for them."

However, talent is not the only thing Bowers looks for when selecting participants. Bands must submit a resumé, biography, photos and some originally recorded songs. "The quality of the recording doesn't have to be perfect; we can still tell if a group is tight by the lyrics, the timing and other things."

It's the live performance that makes or breaks it, and the judging system is standard across the nation. Regional finals are always judged by out of town veterans who are knowledgeable about the industry and can look for "the whole package". Participants are provided with their scoring sheets and feedback from the judges, as the goal is to nurture

and develop talent. "That's why we get a 30 per cent return application rate. The bands know we are here to help them," Bowers says.

The genre of music is not a deciding factor, though Bowers finds most bands lean towards the rock and punk sound that is generally popular today. "We tend to feature whatever is main stream, just because that's what new bands are playing," she adds.

This year's winner, Defined (from Sudbury), is also of the more punk rock style. They will go on to play at the national finals, held in Toronto on the weekend of March 2 -5. For details, visit [www.cmw.net](http://www.cmw.net) under the heading "Talent Searches" and follow the link to "Xtreme Band Slam".

## A&E BRIEFS

### Local efforts for Tsunami relief

Laurentian is among several local organizations and groups hoping to help out in assisting victims of the Dec. 26, 2004 earthquake-caused tsunami that has affected over 11 countries in the South Pacific and Asia, including Indonesia and India. According to the latest American Press tabulations, over 227,000 people have been killed and hundreds of thousands more displaced from their homes. Earthquakes have been occurring in the region since that date and some fear more devastating tidal waves in the near future.

In an effort to help raise assistance funds for those in need, Laurentian is hosting the "Human Spirit" concert on Sunday, Jan. 30 at the Fraser Auditorium on campus at 2 pm. The event is being held in collaboration with the Sudbury Multicultural and Folk Arts Association on Larch Street.

All proceeds will go to the Canadian Red Cross for redistribution.

Admission is \$10 for adults, \$5 for students and \$15 per family; tickets can be purchased at the LU bookstore, as well as local businesses such as Paris Natural Foods and Black Cat Too on Durham St.

Performers at the event will include Sudbury native and country performer Anita Perras, as well as local musicians from area high schools, Black Ties, a local Finnish orchestra and traditional dancers from East India. It is expected that more artists will join the show at a later date, according to a press release from Laurentian.

### TowneHouse benefit concert

Local club the TowneHouse is also pitching in with efforts to help with a fundraising evening on Friday, Feb. 4. The popular local bar is putting together a show that will not only assist those in need in ravaged areas, but also raise awareness of how we can improve our own communities. Events include a silent auction of local artisans' work, as well as performances by local groups such as ska/reggae band the Mondo Idols, True Theories, a hip-hop group, the Panties, a rock band, and local singer/songwriter Brian Dunn. There will also be local DJ's spinning records during the night.

More artists are expected to contribute as details are finalized, according to TowneHouse manager Paul Loewenberg, as well as a local organization prepared to take larger donations at the door. Admission is expected to be around \$5 for students, but larger sums are welcome as they will go to a worthy cause, Loewenberg said. For more information on this and other performances, visit [www.thetownehouse.com](http://www.thetownehouse.com).

### Folk group at St. Andrew's Place

Folkie supergroup Betty and the Bobs, will be performing at St. Andrew's Place on Larch St. on Sun., Feb 6 at 8pm.

The group is comprised of seven Toronto area musicians. Band members include country guitarist Wendell Ferguson; folk performer Katherine Wheatley; 2003 Maple Blues winner Suzie Vinnick; Moxy Fruvous member Dave Matheson; bass player David Woodhead; drummer Rich Greenspoon; and fiddler Soozie Schlanger from the Cajun band Swamperella.

The group appears in the fourth annual Out of the Cold concert, where proceeds are directed to helping homeless and less fortunate people find help via hot meals through the program of the same name.

Tickets are \$15 and can be bought at Black Cat Too, Jett Landry Music and Sklar Peppler Furniture in the Southridge Mall.

For further information concerning the annual concert or the fall concert series, phone 523-6200.

### STC Hosting Forever Plaid

Currently running at the STC is the popular show Forever Plaid, which will be running until Sunday, Jan. 30. It will be followed by an adaptation of The Sword in the Stone, which will only be running for two nights. For information on tickets call the STC at 674-8381.

### Art Gallery of Sudbury

The AGS is currently running a diverse collection of works from regional, national and even international artists in its Members Choice 2004 exhibition. People from the community were invited to sponsor a work to be brought in for the collection. The result is a diverse collection of work by myriad artists, including the Group of Seven, Dennis Geden and Ivan Wheale. The event runs until Feb. 6. Contact the AGS at 674-3271.



# LAMBDA SPORTS

Sports Editor: Kris Harris - lambda\_sports@laurentian.ca

## Lady Vees split homestand

The Lady Vees women's basketball team faced some adversity over the last couple of weeks, but has still maintained a tie for first place in the OUA's East division with their record of 11-5. The East has tightened up considerably, with four teams jostling for the top spot and all within two points, so the Lady Vees will have to work hard for the remainder of the season to keep their position and get a first-round bye in the playoffs.

On Jan. 14, the Lady Vees were in Hamilton facing the McMaster Marauders, one of the other elite teams in the province. In an exciting game that could not be settled in regulation time, the Marauders pulled away near the end of overtime and beat the ladies by eight.

From the tip, both teams played hard at both ends of the court, showing why they are among the top teams in the province. By halftime, McMaster had built a seven-point advantage.

The Lady Vees showed grit and determination, closing the gap. In fact, it seemed that Laurentian would win in the closing seconds, but McMaster was able to tie the game and force the overtime period. In this period, the Marauders made the most of their opportunities at the charity stripe and held on to win by a score of 76-68.

"We competed hard, but we made too many mistakes against a good team like McMaster," said head coach Mike Clarke. As a team, Laurentian committed 27 turnovers in the game while recording only three assists.

Leading the way for the Lady Vees was Cassandra Carpenter, who scored 27 points and 11 rebounds. Ashley MacSporran added 12 points and four rebounds for Laurentian in the loss.

The next day, the ladies were off to Thunder Bay for a match-up with the Lakehead Thunderwolves. The team was tired because of the overtime loss the night before coupled with the trip, but still managed to walk away with a 14-point win.

The Lady Vees took some time to get on track due to their fatigue; the two teams were tied mid-



Kris Harris / LAMBDA

Lady Vees veteran Tierney Hoo calls out a play as she carries the ball over the mid-court line during a game earlier this season. The ladies are 11-5 this year and are competing for first place overall in the OUA.

way through the first half. However, a 12-6 run by Laurentian to close out the first half gave the Lady Vees a six-point lead at the break.

The Lady Vees continued to pick up their game as the second half went on. Laurentian dominated the glass, out-rebounding the Thunderwolves by 15 at game's end. Despite making only eight free throws in 21 attempts, the Lady Vees posted a 67-53 victory.

"It was a tough game tonight," Clarke said. "We were still a bit tired from last night's overtime game, but we settled down in the second half, played some tough defence and pulled away. We are really happy to be coming away with this win."

Brianne Henry was the leading scorer for the Lady Vees; her 14 points, nine rebounds and seven assists were team highs in all three categories, and left her a few plays away from a possible triple-double. Carpenter made the score sheet with 13 points, seven boards and four steals, while Tierney Hoo and Caitlin Blackadder added 11 points and five rebounds apiece.

The team then returned home for a date with the Queen's Golden Gaels on Jan. 21. The Lady Vees were unable to contain the Gaels in this one, and lost by seven points.

Both teams started out hot from behind the arc, with Laurentian knocking down four early three-pointers and Queen's adding a pair of their own. Midway through the first half, the Lady Vees were up 20-13, thanks in part to the play of Amanda McConnell, who had 10 first-half points.

However, Laurentian coughed up the lead late in the half and were down by two at the break.

In the second, Carpenter tried to make a game of it for the Lady Vees, putting up points on one end while fighting hard defensively, but in the end it was not enough, as the Gaels cruised to the 64-57 victory. Laurentian had four scorers in double figures, including MacSporran, who led the way with 13 points, two rebounds and a block. Hoo scored 11 points, five boards, three assists and three steals, Carpenter managed 10 points and 11 boards, and McConnell finished with 10 points, three rebounds and an assist.

After this tough loss, the Lady Vees looked to turn it around against the Royal Military College Paladins the next day. Laurentian romped over their winless division rivals; the 60-point win was by far the most lopsided victory of the year for the Lady Vees.

The Paladins won the opening tip, but very few of the rest of the battles in the game. Strong defensive play by the Lady Vees as a team caused RMC to turn the ball over a whopping 18 times in the half. At the break, Laurentian already held a 23-point lead.

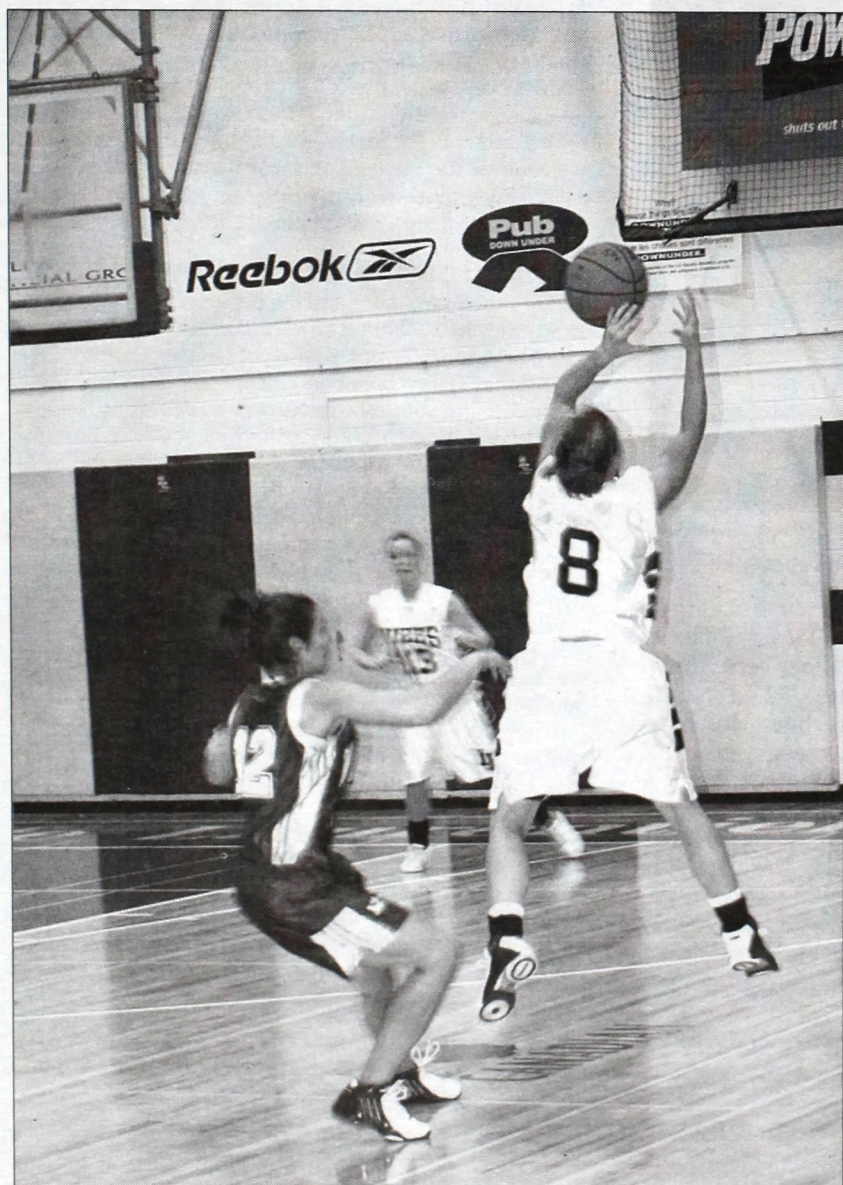
The second half was more of the same for the Lady Vees, as they started the half with a 14-0 run. Aggressive defence held RMC without a bucket for the first eight minutes of the half, and Laurentian outscored their opponents by a margin of 52-15 in the final 20 minutes of play.

"I am very happy with how our young players played," Clarke said. "They had an opportunity to play some minutes and I think they all responded well."

Carpenter poured in 28 points and added nine rebounds, three assists and four steals, shooting an amazing 14 of 17 from the floor in the game. McConnell scored 19 points and seven rebounds, and rookie centre Christi Bauck chipped in with 16 points, six boards and six assists off the bench, hitting an effective eight of nine field goals.

"Christi Bauck in particular ran the floor and blocked shots, and I am very pleased with her performance tonight," Clarke said.

The East division is currently so close that every game has a level of importance from here on out. The Lady Vees next action will come this weekend in Toronto, when they will take on the University of Toronto and Ryerson on back-to-back nights. They will then return home to the Ben Avery for games on Feb. 4-5 against Ottawa and Carleton. Both home games have tip-off times of 6 p.m.



Kris Harris / LAMBDA

Kate Walker (8) receives a pass in the team's home opener. The Lady Vees have had game-winning performances from several players at times throughout the year, and will look to finish the season strong in their last six games.



# LAMBDA SPORTS

Sports Editor: Kris Harris - [lambda\\_sports@laurentian.ca](mailto:lambda_sports@laurentian.ca)

## Voyageurs snap losing streak

The Voyageurs men's basketball team has lost four of its five games during the second half of the season, keeping them in sixth place in the OUA's East division. With only six games remaining, and only two of those games at home, the Voyageurs will need to perform better if they intend to maintain their tentative hold on the final playoff spot in the East.

On Jan. 14, the team traveled to Hamilton to take on the McMaster Marauders.

Despite a strong second half, the Voyageurs could not overcome a huge first-half deficit, and fell to the Marauders by 11 points.

Leading the way for the Voyageurs was Ben Palmer, who scored 18 points and added seven rebounds in the 84-73 loss. Three other Laurentian players finished the game with double-digits in scoring, including Andrew Greig with 17, Matt Brown with 11 and rookie Geoffrey McCrae with 10. Greig shot an impressive four of seven from three-point range in the game.

The next day, the men had to make the arduous trip to Thunder Bay to take on the Lakehead Thunderwolves. The Voyageurs were unable to defend against Lakehead's star player and leading scorer in the province Kiraan Posey, who poured in a game-high 31 points, leading his team to a 17-point win.

Laurentian kept the game close in the first half, and were down by only six at the break. The Thunderwolves keyed in on Palmer underneath, forcing the Voyageurs to rely on their perimeter shooting. The second half proved to be worse for the Voyageurs as Lakehead continued to have the hot hand offensively while maintaining a strong defensive front. In the end, Laurentian ended up on the wrong end of a 78-61 score.

Greig led the team with 15 points, adding two rebounds, two steals and three assists. Brody Bishop scored 10 points and four assists, while Palmer was limited to only nine points and four boards, making only three free throws in seven attempts. Lucas Wiebenga scored six and pulled down nine rebounds in the loss to Lakehead. The Voyageurs looked to turn it around when they returned home to take on the Queen's



Kris Harris / LAMBDA

**A Voyageur player leaps for a rebound during a game earlier this season. The men are currently sitting sixth in their division.**

University Golden Gaels on Jan. 21 in what turned out to be an ugly affair. The Voyageurs could not capitalize on the mistakes of their opponents, and lost their eighth straight game, this time by a five-point margin to their division rivals.

The Voyageurs started the game well in their own end, holding the Golden Gaels without a field goal for the first 12 minutes of play, but scoring proved too difficult for either team in the first. Despite the offensive lapse, Queen's still managed to hold a 10-point lead at halftime. Laurentian played better in the second, putting up an astounding 47 points in the half.

However, it was not enough, as the Golden Gaels hung on for the 67-62 victory. Palmer registered

a double-double for the Vees, scoring 16 points while hauling in 11 boards and a pair of blocks. Nathan Graham put up 14 for Laurentian, Brown had 10 points, five rebounds and three assists, and first-year guard Matthew Battistoni chipped in with two three-pointers late in the game to help make it close.

The next day, the Voyageurs were back in action against the Royal Military College Paladins. This game was heavy with playoff implications; both teams entered the game with identical 3-12 records, and were tied for the sixth and final playoff spot in the East. The Voyageurs knew that their playoff hopes were dependant on a win, and in the end the Voyageurs were able to snap their losing streak and squeak out a three-point win.

RMC also seemed to understand the magnitude of the game, and the Voyageurs quickly found themselves in a hole. The Paladins built a nine-point lead in the first five minutes of play, and managed to hold it all the way through the first half.

The Voyageurs tried to slow down the pace of the game in the second, and Greig gave his team the lead with a three-pointer with six minutes remaining. The teams went back and forth for the rest of the game, up and down the court. With only six seconds left in the game, RMC managed to pull within one with a trey of their own, but two key free throws by Brown and a huge block by

Jesse Adjei secured the important 59-56 win for Laurentian.

Greig finished the game 20 points, five rebounds, three steals and two assists, while Palmer ended up with 15 points, eight boards and two blocks. Bishop added 11 points and five assists against the Paladins.

The Vees will look to carry their momentum through on this weekend road trip to Toronto for critical games against the U of T (6-10) and winless Ryerson (0-16). They will then return home to close out their home schedule with two tough games against Ottawa (8-7) on Feb. 4, and undefeated Carleton (15-0), who are number one in the province and the country on Feb. 5. Both home games will start at 8 p.m. in the Ben Avery.

## Laurentian nordic ski teams place well at first race of season

The Laurentian Nordic Ski teams opened their schedule with some impressive individual performances at the Ontario Cup, hosted by Queens University. This meet was the first of two designated races leading up to the OUA championships in North Bay in early February.

On day one of the Ontario Cup, the Lady Vees were led by Carley Kenwell and Emily Morel who duelled it out for sixth and seventh place respectively. In men's action Philip Wood edged out Paul Lammens by eight seconds for seventh spot. Other notable Vees were Sarah Strickland, who sat in 14th and Tim Carleton, who was in 15th after the first day of action.

Day two of the meet saw a lot of movement for both the men and the women. For the Lady Vees, Morel improved herself into a



**The skier on the right is Phil Wood from the Voyageurs nordic ski team. Wood finished in second place among junior men in the Ontario Cup.**

bronze medal finish while Kenwell ended up in sixth spot. Strickland moved up two spots and finished in 12th, Melanie Wipprecht took 18th

place, Lilla Roy took 24th, and Kerry van der Ploeg finished in 26th overall. On the men's side, Lammens hurdled past Wood into sixth place overall. Wood was relegated to seventh, and Carleton finished in 12th place. The two biggest movers on the second day were Elizabeth Conway who moved up eight places to 41st and Reed Morrison who climbed six places to 39th overall.

"We are very pleased with the first race of the season" said head coach Mary Waddell. "We had some excellent results today. Our veterans performed as expected and we had some great comeback performances on the second day."

The Laurentian Nordic Ski teams will take to the trails next on Jan. 29-30, when they travel to Ottawa, Ontario to compete at the second designated race hosted by the Carleton Ravens.



# SCIENCE & TECHNOLOGY

Science and Technology Editor: Luke Norton - [lambda\\_science@laurentian.ca](mailto:lambda_science@laurentian.ca)

## Students in residences may be source of slow Internet access on campus

BY LUKE NORTON  
SCIENCE & TECHNOLOGY  
EDITOR

Computer viruses and file-sharing may be the cause of slow Internet access for students living in campus residences. Two weeks ago, a single computer attacked MSR and managed to shut down the Internet for the whole university three times in one night.

"In terms of the residences, it's scary," said Rick Moyle, Senior Computer Technologist for Laurentian's Computer Services. "About one quarter of all the Internet traffic in the residences is from viruses attempted to be spread."

One way that students can help speed up Internet access in residence is to make sure that their computers are protected from viruses.

"The problem is that people install their operating system and leave it completely wide open," Moyle said. "I've seen a computer where we plugged it in and weren't even finished installing everything before it became infected."

According to Moyle, there are a number of important steps each computer user should follow to ensure that their computer will be protected from viruses. The first is to make sure that their operating system, usually Windows, is updated regularly.

Windows Service Pack 2 came out in August of last



Neil Zacharjewicz / LAMBDA

An estimated 25 percent of all Internet activity on campus is believed to be viruses attempting to spread. Laurentian's Computer Services department is advising all students to make sure they update their virus protection software regularly.

year, and corrects about 95 per cent of the known vulnerabilities in Windows, but updating Windows regularly ensures that the operating system's vulnerabilities are continuously reduced, making your computer less likely to become infected.

It is also important for all computer users to have some kind of anti-virus software and a firewall installed. "A firewall is like tinted windows on a car," Moyle noted, "you can see out, but no one can see in."

This essentially makes your computer invisible to

viruses or malicious users who are constantly looking for an open computer to gain access to. If there are fewer viruses propagating through Laurentian's network, then there will be more bandwidth freed up for the students to use, and they will find a considerable improvement in their computer's speed.

"If you have 10 computers on a network and nine are attacking each other, it's not fair to the one person with a firewall to have slow Internet. It would just be a common courtesy to the student next to you to do this," Moyle said.

If all the students in the residences followed these steps to ensure that their computers were locked down, everyone would enjoy faster access to the Internet and download times.

When it comes to file-sharing, Moyle points out that by simply turning off the file-sharing feature of a program, students will be able to download faster. Currently, there is a three-to-one ratio of files being uploaded and downloaded, which means that if students turn off the uploading feature, a tremendous amount of bandwidth will be freed up

for downloading and browser surfing.

The issue of file-sharing has created a number of problems for Computer Services, but Moyle is hopeful that the programs won't have to be banned. "We don't want to have to come up with a policy to block it; we'd prefer a solution that everyone can be happy with."

Laurentian's residences were one of the first in Canada to be wired for Internet access and have always taken a student-friendly approach to providing that access. In many campuses across Canada file-sharing and messaging programs, such as MSN Messenger, are not allowed.

In addition, Laurentian has provided students with a large amount of bandwidth (60 MB) in comparison to other universities (as of four years ago, Western was still offering its students only 1 MB of bandwidth).

To download a free program that can analyze your computer's current state of vulnerability, please visit <http://analyzer.symantec.com/downloadnis.asp>. For more information or for computer assistance, contact Computer Services at extension 2200.

## Solar car race coming to Canada for first time

BY LUKE NORTON  
SCIENCE & TECHNOLOGY  
EDITOR

Canadian racing fans will have a new event to attend this summer, when the American Solar Challenge (ASC) will hold part of its race on Canadian soil for the very first time in history.

The American Solar Challenge is a competition to design, build and race solar-powered cars in a cross-country event. In July, a special edition of ASC, called the North American Solar Challenge (NASC), will be held during which solar cars will race across the United States and into Canada.

The competition begins in Austin, Texas mainly following U.S. Highway 75 and Canadian Highway 1 to the finish line in Calgary, Alberta, for a total distance of 2,500 miles.

The racers will also be passing through Manitoba and Saskatchewan on their way to the finish line in Calgary.

Canada has been well-represented at past ASC events. In the last race, held two

years ago along America's famed Route 66, the team from the University of Waterloo came in third place in the open class. In addition, McGill and Queen's won the silver and bronze EDS Design Awards respectively, Waterloo won an innovation award, the University of Toronto won the safety award, and Queen's won the award for best solar array. Of the eighteen awards presented for the 2003 race, Canadian teams won a remarkable nine awards.

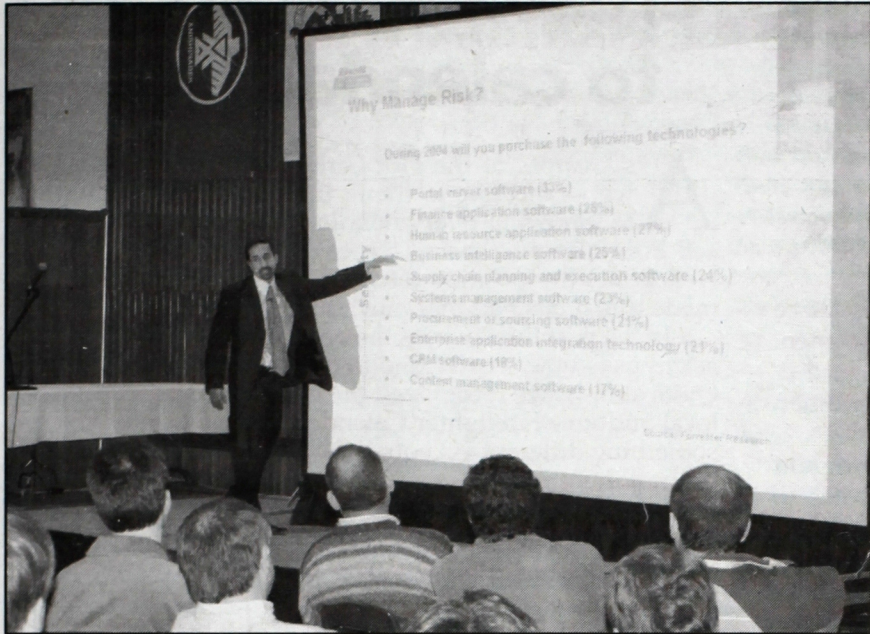
There will be 41 teams competing in this year's event, and at least eight of those teams will be from Canadian universities. The race's sponsors include the U.S. Department of Energy (DOE), Natural Resources Canada and the DOE's National Renewable Energy Laboratory. The event is designed to inspire young people to pursue careers in science and engineering, as well as to promote environmental consciousness.

For more information on the race, or to obtain information about attending any of the Canadian stops, please visit ASC's website at [www.americansolarchallenge.org](http://www.americansolarchallenge.org).



# SCIENCE & TECHNOLOGY

## 'Tech Day 2005' brings technology to the masses



Neil Zacharjewicz / LAMBDA

Tech Day 2005 was held in the Great Hall on Jan. 24. Shown above is one of the many presentations that were taking place that day.

BY NEIL ZACHARJEWICZ  
ASSISTANT EDITOR

Raising the technological awareness on campus was the goal of 'Tech Day 2005,' and the Laurentian community got a taste of what the university has to offer at the event held earlier this week.

'Tech Day 2005' was held on Tuesday, January 25, in the Great Hall. The goal of the event was to promote and increase the awareness among the faculty, staff and students of the technologies available on campus, as well as their capabilities. 'Tech Day 2005' was also intended to provide a forum for the Laurentian community to ask questions designed to facilitate their use of the technologies available.

The event kicked off with a presentation by Emile Kahn, security advisor for Bell Canada, entitled 'Privacy and IT Risk Management for Educators.' This was followed by 'Securing Laurentian's Future,' by Bill Sandblom, director of LU Computer

Services. Next up was Tarah Johnston, client manager for Higher Education and Research at IBM Canada. The final presentation of the day was entitled 'GroupWise 6.5 Client - Power Tools, Tips and Tricks.' Mario Gingras, Laurentian's GroupWise Administrator, made this presentation.

In addition to the various presentations, the event also featured a variety of information booths, which provided information on the Avotus Telephone Billing System, Bell Canada, the LU Bookstore and Microcomputer Centre, Call Pilot, Novell Groupwise, the J.N. Desmarais Library, the Instructional Media Centre and Telecommunications, I P Telephones, Softphone/Text to speech, CTS training courses, Wireless/Labs, Unified Messaging/Desktop Faxing, Voice recognition/call redirect, WebAdvisor, WebCT/TLM, Video Conferencing, MIRARCO - Mining Innovation, and Geographic Information Systems.

## Most powerful eruption in the universe discovered

BY LUKE NORTON  
SCIENCE & TECHNOLOGY EDITOR

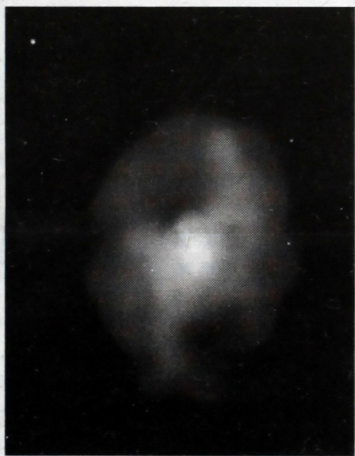
Astronomers using NASA's Chandra X-ray Observatory have found the most powerful eruption seen in the Universe. A supermassive black hole generated the eruption by growing at a remarkable rate. This discovery shows both the enormous appetite of large black holes, and the profound impact they have on their surroundings.

The huge eruption is seen in a Chandra image of the hot, X-ray emitting gas of a galaxy cluster called MS 0735.6+7421. Two vast cavities extend away from the supermassive black hole in the cluster's central galaxy. The eruption - which has lasted for 100 million years and is still going - has generated the energy equivalent to hundreds of millions of gamma-ray bursts.

This event was caused by gravitational energy release as enormous amounts of matter fell toward a black hole. Most of the matter was swallowed, but some of it was violently ejected before being captured by the black hole. "I was stunned to find that a mass of about 300 million Suns was swallowed," said Brian McNamara of Ohio University in Athens, lead author of the study that appears in the January 6, 2005 issue of *Nature*. "This is almost as massive as the supermassive black hole that swallowed it."

Astronomers are not sure where such large amounts of matter came from. One theory is that gas from the host galaxy catastrophically cooled and was then swallowed by the black hole.

The energy released shows that the black hole in MS 0735 has grown very



Chandra X-ray Image of MS 0735.6+7421 (NASA)

dramatically during this eruption. Previous studies suggest that other large black holes have grown very little in the recent past, and that only smaller black holes are still growing quickly.

"This new result is as surprising as it is exciting," said co-author Paul Nulsen of the Harvard-Smithsonian Center of Astrophysics. "This black hole is feasting when it should be fasting."

Radio emission within the cavities shows that jets from the black hole erupted to create the cavities. Gas is being pushed away from the black hole at supersonic speeds over a distance of about a million light years. The mass of the displaced gas equals about a trillion Suns, more than the mass of all the stars in the Milky Way.

The rapid growth of supermassive black holes is usually detected by observing very bright radiation from the centers of galaxies in the optical and X-ray wavebands, or luminous radio jets. In MS 0735 no bright central radiation is found and the radio jets are faint. Therefore, the true nature of MS 0735 is only revealed through X-ray observations of the hot cluster gas.

"Until now we had no idea that this black hole was gorging itself," said co-author Michael Wise of the Massachusetts Institute of Technology. "The discovery of this eruption shows that X-ray telescopes are necessary to understand some of the most violent events in the Universe."

The astronomers estimated how much energy was needed to create the cavities by calculating the density, temperature and pressure of the hot gas. By making a standard assumption, that 10% of the gravitational energy goes into launching the jets, they estimated how much material the black hole swallowed.

Besides generating the cavities, some of the energy from this eruption should keep the hot gas around the black hole from cooling, and some of it may also generate large-scale magnetic fields in the galaxy cluster.

Chandra observers have discovered other cavities in galaxy clusters, but this one is easily the largest and the most powerful. For example, the energy content here exceeds that of the Perseus cavities by 250 times, and dwarfs the cavities in M87 by a factor of 10,000.

NASA's Marshall Space Flight Center, Huntsville, Ala., manages the Chandra program for NASA's Office of Space Science, Washington.

Northrop Grumman of Redondo Beach, Calif., formerly TRW, Inc., was the prime development contractor for the observatory. The Smithsonian Astrophysical Observatory controls science and flight operations from the Chandra X-ray Center in Cambridge, Mass.

For more information and additional images visit <http://chandra.harvard.edu> or <http://chandra.nasa.gov>.

## The benefits of 3D models for the mining industry

Last Thursday, Laurentian University's School of Engineering and its Mining Innovation, Rehabilitation and Applied Research Corporation (MIRARCO) presented a mining engineering seminar.

The seminar, entitled "From Paper to Prospectivity: Challenges in Data Integration, 3D Geological Modeling and Dissemination of Historical Mineral Deposits," was presented by Luigi Cotesta, Project Leader - Advanced Engineering and Scientific Visualization at MIRARCO.

Most major mining companies recognize the many benefits of constructing

3-dimension (3D) deposit models. They have implemented substantial measures to digitize a large portion, if not all, of their existing historical datasets to benefit from years (in some cases 100 years) of geological knowledge that has been captured on paper.

The Discover Abitibi Initiative (DAI), a collaboration between government, industry and academia, provides the exploration community with a world-class database that presents the tools necessary for the discovery of new mineral wealth. It seeks to maintain and increase mineral investment in the Abitibi region.

One of the technical DAI projects utilizes MIRARCO's 3D visualization expertise for the integration and 3D modeling of a number of historical deposits scattered throughout the Abitibi greenstone belt of Ontario. This involves the integration of datasets that include a wide array of disparate formats; from historic plans

and sections to paper drill logs to fully interpreted 3D solid models.

This seminar presented some of the challenges encountered over the course of this project. It will also highlight some of the deposit models, with particular attention on the methodology adopted to take 2D historical, paper-based maps and sections of a deposit to a 3D-deposit model. Emphasis was also devoted to the normalization of all models to a common geo-spatial reference grid. Finally, simple, cost effective, 3D-enabling technologies that allow for effective and easy distribution and sharing of this data will be discussed.

Luigi Cotesta obtained a Bachelor of Applied Science in Civil Engineering from the University of Ottawa in 1997 and has been involved with MIRARCO ever since. He has worked on various projects related to the geotechnical and mining engineering fields.

This work involved field investigations, design of new laboratory/field testing methods, 3-D numerical modeling, 3D visualization, data integration techniques and computer programming and software development. For the last 4 years, Luigi has played a key role in pioneering the use of Virtual Reality technology in the minerals industry for decision-making and has assisted many companies in achieving technical milestones using this technology.

Currently Luigi is the Project Leader for Advanced Engineering and Scientific Visualization at MIRARCO, using the mineral industry's first collaborative, immersive Virtual Reality Laboratory.



# SPACE FOR RANT

## 'Hot Girls' calendar offers no real opportunities for women on LU's Campus

The 'Hot Girls on Campus Calendar' was conjured as a cost effective marketing project by two students in the School of Sports Administration (SPAD) at Laurentian University. With the support of their professor as a sound venture, 12 girls from various programs on campus were chosen as 'hot' and posed in their underwear to make money to cover the costs of a SPAD trip to Phoenix, Arizona.

The School of Sports Administration also holds a Hockey Tournament to raise funds for the field trip that is designed to give SPAD students the opportunity to gain real experiences in professional sports marketing, sponsorship, and promotion. Although some students seem to look at the calendar with indifference (really how many of these have we seen!), and state 'if they want to pose then let them,' there are, unfortunately, greater social implications and realities that are taken for granted in the exploitation of women's bodies that seem to be of no concern to the School of Sports Administration or students alike.

Although calendars are used as fundraising initiatives, it is how they are organized and justified that is problematic. It is not the women or the University who benefit from the calendar, but the individuals in the mostly male SPAD program.

A similar project at St. Mary's University

was banned because it fostered exploitative practices and stereotyped images of women. The 'Hot Girls' Calendar goes even further by hindering real opportunities for women on campus.

The bottom line is you have a program that has justified using women's bodies to satisfy their own financial needs. Regardless of the women who have decided to allow their bodies to be photographed, this practice is exploitative.

On a larger scale, the SPAD students are learning the skills to exploit women's bodies, a noted problem in sports marketing. On a local level, the calendar reinforces the notion that women are here as 'eye candy' and not as real students - a bad image for women, men, and the University. Surely the School of Sports Administration could be more creative and inventive in promoting socially responsible images in marketing.

As University students we are in a position to recognize and challenge these exploitative practices, but only if we speak up.

Sincerely,

Melanie Muise  
Graduate Student  
Laurentian University

## Creator's response to calendar girls

As creators of the Hot Girls on Campus Calendar we would like to thank the Sudbury community for showing overwhelming support for this project. Either by purchasing the calendar or telling us it is well done, the positive feedback we have received has made this project all that much more enjoyable.

In the past three weeks the one question everyone has asked us is why we decided to do an all female calendar. Quite simply, we recognized the incredible success of the local Sudbury Firefighter Calendar and we wanted to do something different yet equally appealing and acceptable to the community.

We realize that although we have sold over 300 copies of the calendar, not everyone supports this project. We respect and appreciate those opinions.

Submitted by Denisa Horak

## WRITE TO US...

If you have something to say, write to  
SPACE FOR RANT at

lambda@laurentian.ca

Please remember to include your name and student number for consideration.

### FOUND

Girl's cute brooch on the afternoon bus leaving  
Laurentian, Jan. 6th.

Call Diane 525-0391 to arrange for return. Thanks.

## Calendar girls show '1970s mentality in the 21st century'

One of the first thoughts I had upon viewing the "hot girls" calendar was that someone had been watching way too much of "That 70s Show," without realizing that we are, in fact, in the 21st century. It is highly reminiscent of the worst of 1970s mentality, the repercussions of which we are dealing with to this day.

I was in high school - in the Sudbury area - in the early 1970s, so I know whereof I speak.

The sexual revolution of the 1960s had transformed the way women thought about, and expressed, their sexuality; not, in itself, a bad thing. But it was not all good, as the stereotype of the hot young college co-ed who would "do it" anywhere, anytime, and with anyone who approached them, was born.

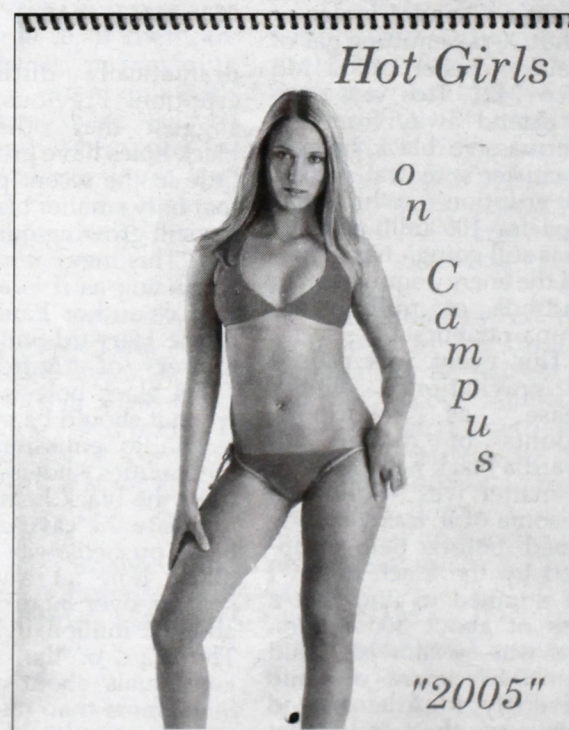
It is easy to say that nobody buys into this kind of stereotype anymore, but the sad truth is that it persists in our society, and is perpetuated by an industry that makes money by feeding adolescent fantasies to males of all ages. The university is a much more artificial environment than most realize, with the safety of the students as a primary concern. But once you leave these hallowed halls you are very much on your own, and there is little in any media to challenge the 'college girls' legend. It has taken decades to even begin to change the perception that a woman wearing a short skirt in a bar is automatically sexually available to any man who expresses an interest; many will still say she is "looking for it." Maybe she is, but not from just anyone, and women have as much right to choose their sexual partners as do males. That we still have to have such things as the "NO means NO" campaign attests to the fact that we still have a long way to go in this respect.

This is not to say that women should not have the right to pose in whatever state of undress they

choose, or express their sexuality however they choose; only that the statement being made and the conditions under which these images are published be carefully considered. Not long after the calendar was made available in the community, I was asked (by a male not affiliated with LU, but who knows I am a student here) if I was one of those 'hot girls' - and I am a very mature student and not what our society would classify as 'hot.' Unfortunately, anything that perpetuates this image of female students opens the door to unwanted advances and tasteless jokes. Many will argue that jokes are harmless (are they?), but unwanted advances are unarguably a serious matter, and not just for the women appearing in the calendar. And to believe that this cannot or will not happen is to display a touching, but dangerous, naivete.

Post-secondary students may be more aware of these issues than is society at large, but we must not forget that students do not live in isolation. Students go out into the community to shop, work and have fun. While I am a student myself, I have also been in the workforce for more than a quarter-century, and am a 'fortysomething' single mother of a young woman (herself a student).

I have worked in many communities across Canada, and assure you that Sudbury is not immune to the impact of media/profit-driven stereotyping. What is not immediately apparent are the long term effects of playing into these stereotypes, however well-intentioned or profitable in the short term. Many people - including prospective employers - will care not a whit what was meant or intended; the bottom line is that (at least some) clothing was removed to get attention and/or money. While some of the photos are quite nice, this was not a fund-raiser for a major charity,



The recently released "Hot Girls on Campus 2005" calendar is raising eyebrows and concerns among students, faculty and the community.

or an attempt to challenge the conventional, commercial and narrow view of female beauty or sexuality. It is also, I think, somewhat of an insult to our male students, indeed males in general, and is an issue I would be happy to discuss further with any interested parties. Surely our best and brightest can do better.

Sincerely,

Jacqueline Spencer



# SGA UPDATE

## SGA events up and coming this month



CATHY CARROLL

Hey L.U. Students! It's hard to believe the first month back has come and gone already, but here it is - we're almost into February.

Two of the SGA/AGE's largest events are coming up this month - the Feb. 3 Day of Action and the 5th Annual Charity Ball on Feb. 4. Apparently we're not much for spreading them out!

This year's Day of Action is entitled 'Freezing Against the Fees' and there are several chilly events that fit right in with the title. From now until Feb. 3, there will be a snowperson build-

ing contest occurring on Ramsey Lake Road.

Up until now, the snow conditions have not been that favourable, but the current chilly temperatures should allow for some great creations. Once you build your snowperson, stop by the SGA/AGE to grab a placard to register your snowperson. There is a cash prize of \$125 for the best snowperson.

Another great, chilly event occurs tonight, here on campus. If you've ever wanted to camp-out on campus, now's your chance. Students will be sleeping in the main courtyard (Founder's Square) in a quinzhee in protest of student fees.

A free pasta dinner will be cooked for all participants to load them up on carbs before their fun night under the stars. Stop by the SGA/AGE office for more info and for tips on staying warm. All these events are just a lead up to the main event, the Feb. 3 Day of Action.

Students from all over

northern Ontario will be traveling here to Sudbury to participate in this day. Join us in the late morning in the SGA/AGE commons room across from the Great Hall for a pre-march rally, and at 2 pm, a bus will leave campus taking students to Bell Park for the scheduled 2:30 pm march downtown to the Government office buildings.

The march is followed by a social at the Knights of Columbus Hall where there will be live entertainment by local bands. This is a great opportunity to network with other students from northern Ontario and to demonstrate to the government how students feel about tuition fees.

The second large SGA/AGE event in February is the Charity Ball. Tickets are selling fast for the 5th Annual Charity Ball, which will be held Friday, Feb. 4 in the Great Hall. Tickets are \$15 a person or \$96 for a table of 8. All the proceeds from this event support Maixon La Paix, the AIDS hospice here in

Sudbury. The theme this year is masquerade, but for all you males who are worried about wearing a mask to hide your good looks, you don't have to wear one, it's just an option.

There will be a mask-making party Tuesday, Feb. 1 in the SGA/AGE commons room from 10 am-2pm. All the supplies for creating masks will be there, along with the ever talented Shanna, who has been making fabulous masks and will be happy to help you with yours. If you can't make it out, have no fear - masks will be on sale for \$1 at the event. Tickets are on sale in the SGA/AGE office and will be sold out of the commons room until Feb. 1, so make sure to pick yours up.

I hope to see you all out and participating in these two great events, and as always, feel free to drop by the office anytime to say hi. (That includes you Lenny!)

Cheers,

Cathy Carroll  
President, Students' General Association

## QUICK-GUIDE CALENDAR OF EVENTS

### FEBRUARY 3, 2005

#### "Freezing the Fees" Day of Action

- Includes a march and social
- Chilly events include snowperson building contest on Ramsey Lake Road and a quinzhee camp-out that will take place tonight (Jan. 27)

### FEBRUARY 4, 2005

#### Charity Ball

- All proceeds of this event will go to the Maixon La Paix
- A mask-making party will take place in the SGA office on Feb. 1

For more information on any of these events, or for other upcoming SGA events, please visit their website at:  
[www.sga.laurentian.ca](http://www.sga.laurentian.ca)

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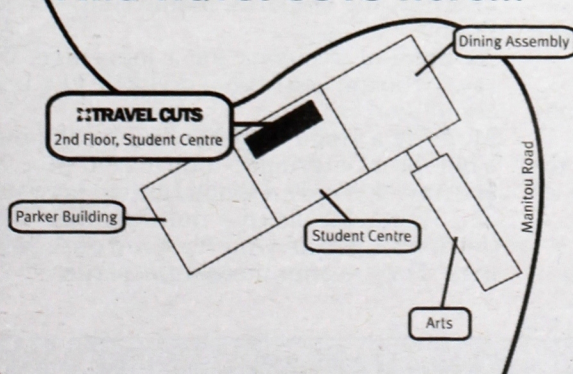
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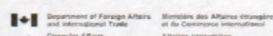
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Feb 10th - Work Abroad with SWAP 3pm-4pm  
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# LAMBDA LAUGHS

## Snowboarders, skiers facing greater risk: study

*Popular winter sports becoming more extreme, ski club executive says*



Snowboarders and skiers need to exercise caution, study warns. (The Gateway/CUP)

(CUP) — A trip to the mountains can be one advantage to the chilly winter months, but a recent study shows an increasing number of people hitting the slopes are winding up in the hospital.

Brent Hagel of the Alberta Centre for Injury Control at the University of Alberta has compiled data from ski resorts in Québec from the seasons 1995-1996 to 1999-2000. The data compares injury rates for both snowboarders and skiers.

Over the five-year period, the study found there was a 50 per cent increase in head and neck injuries for snowboarders and the highest rates of injury were among the youngest groups, especially males.

"In general, adolescents (and young adults) are labelled as a risk-taking group, more so than very young children and older adults. There may be relationships between our data and those type of risk-taking activities that the demographic of the snowboarders represent," said Hagel.

Stephen Dunn, secretary of the University of Alberta Ski Club, said skiing and snowboarding are becoming more challenging sports, with the proliferation of terrain parks, areas designed for doing jumps.

"The extreme nature of the sport has grown a lot and is pushing people. (Without this type of progression), either sport, be it skiing or snowboarding, would be a dead-breed kind of activity," said Dunn.

The study, which was recently published in the journal *Epidemiology*, determined each sport resulted in specific high-risk injuries.

"The relationship between injury rate and skiing and snowboarding changed depending on what body region we were

looking at. (For) head and neck, upper extremity, arms and trunk injuries, generally the rates were higher for snowboarders, but when we looked at just lower extremities, everything from the pelvis down, we found that skiers had a higher risk," Hagel said.

Most snowboarding injuries are caused when a rider braces the impact of the fall with their arms, injuring their upper body, Hagel explained. For skiers, injuries are usually caused by torsion in the lower body. The injuries commonly associated with skiing or snowboarding reflect the different natures of the two activities.

With the two sports becoming more extreme, regulations are increasing and it's now mandatory to wear a helmet in almost every mountain terrain park.

"It's a rarity now to see people not wearing a helmet, whereas before it was a rarity to see people wearing a helmet," said Dunn.

Hagel advocates the use of helmets and wrist guards, especially for people with little or no experience with snowboarding, and encourages beginners to take lessons.

"I think there needs to be proper supervision for people who are starting out," said Hagel.

The possible personal safety risks associated with snowboarding and skiing haven't seemed to affect the popularity of either sport.

"I think risk plays a role in any sport that you do. I don't really see it as a deterrent," said Dunn.

Despite the results of the study, Dunn said there are little or no injuries on the club's trips to the mountains besides sore muscles.

### Top 10 Things That Won't Happen In Sports in 2005

10. Americans claim lacrosse as their new national sport, claiming it was invented in Alaska and is "as American as ignorance of Canada."

9. In a domestic dispute, Tiger Woods's supermodel wife kills Woods with a driver. Her defence claims she was upset with her husband's refusal to live in a house with an uneven lawn.

8. Michael Schumacher's Ferrari breaks down. Being a true champion, he goes Grand Theft Auto on a fan's Toyota Corolla.

7. Don Cherry's patented red neck turns blue and he loses his supernatural ability to make fun of European and French-Canadian players.

6. All Europeans abandon their love for soccer and turn into rabid baseball fans. They declare Barry Bonds as the new international hero.

5. Balco founder Victor Conte Jr. is found not guilty of making and trafficking illegal steroids. Shortly after, Conte puts on 150 pounds of muscle and wins the championship of every major individual sporting event.

4. Gary Bettman and Bob Goodenow resolve the hockey lockout over a few casual beers. After several more beers, the two fly to Vegas for an overnight marriage.

3. Each and every touchdown catch of Super Bowl XXXIX is followed by a tasteful celebration of handing the ball to the referee and shaking hands with the opposing defender.

2. The United States enlists all pro athletes into the army and sends them to Iraq in full athletic gear to tackle and throw balls at insurgents.

1. Vince Carter returns to Toronto. After a brawl with Raptor Matt Bonner, he lies down on the scorer's table and is hit with a cup of drink. Carter then charges into the crowd to fight the fan, only to find a disgruntled Tie Domi who promptly knocks him out.

### 32 Things To Do In An Elevator

1. When there's only one other person in the elevator, tap them on the shoulder and then pretend it wasn't you.

2. Push the buttons and pretend they give you a shock. Smile, and go back for more.

3. Ask if you can push the button for other people, but push the wrong ones.

4. Call the Psychic Hotline from your cell phone and ask if they know what floor you're on.

5. Hold the doors open and say you're waiting for your friend. After awhile, let the doors close and say, "Hi Greg. How's your day been?"

6. Drop a pen and wait until someone reaches to help pick it up, then scream, "That's mine!"

7. Bring a camera and take pictures of everyone in the elevator.

8. Move your desk in to the elevator and whenever someone gets on, ask if they have an appointment.

9. Lay down a Twister mat and ask people if they'd like to play.

10. Leave a box in the corner, and when someone gets on ask them if they hear something ticking.

11. Pretend you are a flight attendant and review emergency procedures and exits with the passengers.

12. Ask, "Did you feel that?"

13. Stand really close to someone, sniffing them occasionally.

14. When the doors close, announce to the others, "It's okay. Don't panic, they open up again."

15. Swat at flies that don't exist.

16. Tell people that you can see their aura.

17. Call out, "group hug!" then enforce it.

18. Grimace painfully while smacking your forehead and muttering "Shut up, all of you, just shut up!"

19. Crack open your briefcase or purse, and while peering inside, ask, "Got enough air in there?"

20. Stand silently and motionless in the corner, facing the wall, without getting off.

21. Stare at another passenger for a while, then announce in horror, "You're one of THEM!" and back away slowly.

22. Wear a puppet on your hand and use it to talk to the other passengers.

23. Listen to the elevator walls with your stethoscope.

24. Make explosion noises when anyone presses a button.

25. Stare, grinning at another passenger for a while, and then announce, "I have new socks on."

26. Draw a little square on the floor with chalk and announce to the other passengers, "This is my personal space!"

27. Hide a squirt gun in your hand and pretend to sneeze next to someone.

28. Throw a fake spider on the ground and squeal with fear.

29. Hum the Jeopardy theme song between floors.

30. Stare at someone for a long time, then say, "who are you? What do I REALLY know about you?"

31. Bring a violin or guitar case on and make a big show of trying to hide it from everyone and say "It's only a violin/guitar, honest!"

32. Twitch for about 5 minutes, then when the doors open on your floor run out screaming, "They're after meeeeeeeeeeeeeee!"

### Chuckle of the Week

*Did you ever walk into a room and forget why you walked in?*

*I think that's how dogs spend their lives.*

*- Sue Murphy*